**Post Treatment Care**

**Epidermal Leveling or Microdermabrasion**

**1-48 Hours after Treatment**

 Avoid direct sunlight and/or tanning beds

 Use a sunblock with an SPF 30. This may be applied under make-up.

 Sensitivity may also include indoor light and light from windows.

 Use a gentle cleanser for morning and night

 Use a gentle night moisturizer

 Do not use scrubs or buffing pads.

 Avoid AHA’s (Alpha Hydroxy Acids or other exfoliants.

 This includes acids that may be in your cleanser or other products

 Avoid hot showers and hot water on your face.

**After 48 Hours:**

 No facial waxing for 14 days

 Continue using sunscreen due to hightened sensativivty after treatment

 Return in 7-28 days for post-treatment facial and/or exfoliation treatment.

If you have any questions or concern, please call Lisa at:

 **828- 729- 5387**